## 2024 Aetna Medicare Advantage Plan Information

Thank you for your interest in applying for the Aetna Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Amerigroup within 7 days of the application receipt.

## Enrollment Packet - click links below to download and save documents

Star Rating: $\underline{\mathrm{HMO} / \mathrm{PPO}}$
Online Application
Application Download: Portland Metro / Southwest Oregon
Summary of Benefits: Choice Metro / Choice South / Elite Metro / Elite South / SmartFit Metro / SmartFit South
/ Eagle Metro / Eagle South
Provider Search
Pharmacy Search
Formulary

## Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October $15^{\text {th }}$ to December $7^{\text {th }}$. This will give you a January $1^{\text {st }}$ effective date for your new plan.

## Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October $15^{\text {th }}$ and December $7^{\text {th }}$. If they are signed prior to October $15^{\text {th }}$ they will be returned to you with a new application. If they are received after December $7^{\text {th }}$, you will not be able to change plans until the next AEP for January of the following year.

## Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC
PO Box 26540
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470
Secure File Upload: Click here
Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-oregon.com


## 2024 Summary of Benefits

Aetna Medicare SmartFit Elite Plan (HMO-POS) H2056-012

Here's a summary of the services we cover from January 1, 2024 through December 31, 2024. Keep in mind: This is just a summary. Need a complete list of what we cover and any limitations? Just visit AetnaMedicare.com/H2056-012 where you'll find the plan's Evidence of Coverage (EOC). You may call us to request a copy.

## We're here to help

You may have questions as you read through this information. And that's OK - we're here to help.

## Not a member yet?

Call 1-833-859-6031 (TTY: 711)
October 1-March 31: 8 AM to 8 PM, 7 days a week
April 1-September 30: 8 AM to 8 PM, Monday-Friday
An Aetna ${ }^{\oplus}$ team member will answer your call.

## Already a member?

Call 1-833-570-6670 (TTY: 711)
8 AM to 8 PM, 7 days a week
An Aetna team member will answer your call.

## Are you eligible to enroll?

## To join Aetna Medicare SmartFit Elite Plan (HMO-POS), you must:

- Be entitled to Medicare Part A
- Have Medicare Part B
- Live in the plan's service area, which includes the following counties:

Oregon: Jackson, Josephine

## What you should know

- Plan type: Aetna Medicare SmartFit Elite Plan (HMO-POS) is an HMO plan. This is a Medicare Advantage plan that covers prescription drugs.
- Primary Care Physician (PCP): A PCP is important to help coordinate your care. We require you to select a PCP. When you enroll, we'll ask who your PCP is. If you don't tell us, we'll assign one to you. You can change your PCP anytime by calling us or logging into your member portal.
- Referrals: Aetna Medicare SmartFit Elite Plan (HMO-POS) doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.
- Prior authorizations: Your provider will work with us to get approval before you receive certain services or drugs.
- Contact information: To get more information about some benefits, please see the Contact quick reference chart at the end of this document.
- Provider directory: View your provider directory at AetnaMedicare.com/H2056-012.


## Plan premium, deductible, and maximum out-of-pocket (MOOP)



Out-of-pocket costs
Monthly premium \$0

|  | You must continue to pay your Medicare Part B premium. |
| :--- | :--- |
| Plan deductible | \$500* for certain in-network services. |
| Your deductible is what you'll pay before we begin to pay <br> for services. The plan deductible applies to the following <br> services provided by an in-network provider: inpatient <br> hospital coverage, inpatient services in a psychiatric <br> hospital, skilled nursing facility, therapeutic radiology, <br> outpatient hospital services (including observation), <br> ambulatory surgical center and dialysis. |  |
| MOOP | $\$ 6,500$ for in-network services |
| Once you reach the maximum out-of-pocket, our plan pays <br> $100 \%$ of covered medical services. Your premium and <br> prescription drug costs don't count toward your MOOP. |  |

## Medical and hospital benefits



## Hospital coverage

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Inpatient (unlimited number of days) | $\$ 400$ per day, days 1-5; \$0 per day, days 6-90 after your <br> plan deductible; $\$ 0$ for additional days |
| Outpatient hospital observation services | $\$ 400$ per stay after your plan deductible |
| Outpatient hospital | $\$ 375$ after your plan deductible |
| Ambulatory surgical center | $\$ 250$ after your plan deductible |



| Benefit | Your costs in our plan |
| :--- | :--- |
| PCP | $\$ 0$ |
| Specialist | $\$ 40$ |



## Preventive, emergency and urgent care

| Benefit | Your costs in our plan |
| :--- | :--- |
| Preventive care | $\$ 0$ |
|  | For a full list of preventive services available, see the <br> EOC. Some covered services may have an associated <br> cost. |
| Emergency and urgent care (inside the | $\$ 100$ for emergency care <br> $\$ 35$ <br> U.S.) urgent care |
| Emergency and urgent care, including | $\$ 100$ for emergency care <br> ambulance (outside the U.S.) |
|  | $\$ 100$ for urgent care <br> $\$ 265$ <br> for ambulance |



Diagnostic services, labs, imaging
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Diagnostic tests and procedures | $\$ 0$ |
| Lab services | $\$ 0$ |
| Diagnostic radiology services, such as <br> MRI | $\$ 225$ |
| Outpatient x-rays | $\$ 0$ |



Hearing services

| Benefit | Your costs in our plan |
| :--- | :--- |
| Diagnostic hearing exam | $\$ 0$ | | \$0 |
| :--- | :--- |
| You get one routine hearing exam every year with a |
| provider in the NationsHearing network. |



Dental services

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |



## Vision services

| Benefit | Your costs in our plan |
| :--- | :--- |
| Diagnostic eye exam (includes diabetic <br> eye exams) | $\$ 0$ |
| Glaucoma screening | $\$ 0$ |
| Routine eye exam | $\$ 0$ |
| Our plan covers one exam every year when obtained |  |
| from an in-network provider. |  |



## Mental health services

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Inpatient psychiatric hospital stay | $\$ 385$ per day, days 1-5; \$0 per day, days 6-90 after your <br> plan deductible |
| Outpatient mental health therapy | $\$ 40$ |
| Outpatient psychiatric therapy | $\$ 40$ |

Skilled nursing facility (SNF) and therapy
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification. Note: Members must meet the Centers for Medicare \& Medicaid Services (CMS) criteria for medically necessary skilled care to be covered.

| Benefit | Your costs in our plan |
| :--- | :--- |
| SNF care | \$0 per day, days 1-20; \$203 per day, days 21-100 after <br> your plan deductible |
|  | Our plan covers up to 100 days per benefit period. |
| Physical and speech therapy | $\$ 25$ |
| Occupational therapy | $\$ 25$ |

Ambulance and routine transportation
Your doctor often needs approval from us before we cover non-emergency air ambulance. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Ambulance <br> (ground or air, one-way trip) | $\$ 265$ |
| Routine, non-emergency transportation | Not Covered |



## Medicare Part B drugs

Medicare Part B only covers certain medicines for certain conditions. These medicines are often given to you in your doctor's office. They can include things like vaccines, injections, and nebulizers, among others. They can also include medicines you take at home using special medical equipment. Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Chemotherapy drugs | $0 \%-20 \%$ |
|  | Minimum cost share ensures member cost sharing does <br> not exceed the adjusted Medicare coinsurance for Part <br> B rebatable drugs |
| Other Part B drugs | $0 \%-20 \%$ |
|  | Minimum cost share ensures member cost sharing does <br> not exceed the adjusted Medicare coinsurance for Part <br> B rebatable drugs |

## Medicare Part D drugs



Medicare Part D covers a wide range of prescription drugs. They can include medicines you take every day for conditions like high blood pressure or diabetes.

## Prescription drugs (Your costs may be lower if you qualify for Extra Help)

Formulary name B3: Some drugs require prior authorization. This means you must get approval from us first before we'll cover it.

## Deductible phase

You'll pay the plan's negotiated drug cost up to the deductible limit.
This plan doesn't have a deductible, so your coverage
begins at the Initial coverage phase.

## Initial coverage phase

The plan will pay its share of the cost and you'll pay a copayment or coinsurance (your share of the cost) for each prescription filled until your total drug costs reach $\$ 5,030$. You pay the copay listed below or the cost of the drug, whichever is lower. These cost shares may also apply to home infusion drugs when obtained through your Part D benefit.

## One-month Supply

Your share of the cost when you get a one-month supply of a covered Part D prescription drug:

|  | Preferred <br> Retail | Standard <br> Retail | Preferred <br> Mail | Standard <br> Mail | Standard <br> Long-Term <br> Care (LTC) |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 30-day | 30-day | 30-day | 30-day | 31-day |
| Tier 1: Preferred Generic | $\$ 0$ | $\$ 5$ | $\$ 0$ | $\$ 5$ | $\$ 5$ |
| Tier 2: Generic | $\$ 10$ | $\$ 10$ | $\$ 10$ | $\$ 10$ | $\$ 10$ |
| Tier 3: Preferred Brand | $20 \%$ | $25 \%$ | $20 \%$ | $25 \%$ | $25 \%$ |
| Tier 4: Non-Preferred Drug | $50 \%$ | $50 \%$ | $50 \%$ | $50 \%$ | $50 \%$ |
| Tier 5: Specialty | $33 \%$ | $33 \%$ | $33 \%$ | $33 \%$ | $33 \%$ |

Long-term Supply
Your share of the cost when you get a long-term supply of a covered Part D prescription drug:

|  | Preferred <br> Retail <br> 100-day | Standard <br> Retail <br> 100-day | Preferred <br> Mail <br> 100-day | Standard <br> Mail <br> 100-day |
| :--- | :---: | :---: | :---: | :---: |
| Tier 1: Preferred Generic | $\$ 0$ | $\$ 15$ | $\$ 0$ | $\$ 15$ |
| Tier 2: Generic | $\$ 30$ | $\$ 30$ | $\$ 10$ | $\$ 30$ |
| Tier 3: Preferred Brand | $20 \%$ | $25 \%$ | $20 \%$ | $25 \%$ |
| Tier 4: Non-Preferred Drug | $50 \%$ | $50 \%$ | $50 \%$ | $50 \%$ |


|  | Preferred | Standard | Preferred | Standard |
| :---: | :---: | :---: | :---: | :---: |
| Retail | Retail | Mail | Mail |  |
|  | 100-day | 100-day | 100-day | 100-day |

Tier 5: Specialty
A long-term supply is not available for drugs on Tier 5.
Coverage gap phase
Our plan offers additional coverage in the gap. This phase lasts until your yearly out-of-pocket drug costs reach \$8,000.

|  | Preferred <br> Retail <br> 30-day | Standard <br> Retail <br> 30-day | Preferred <br> Mail <br> 30-day | Standard <br> Mail <br> 30-day |
| :--- | :---: | :---: | :---: | :---: |
| Tier 1: Preferred Generic | $\$ 0$ | $\$ 5$ | $\$ 0$ | $\$ 5$ |
| Tier 2: Generic | $\$ 10$ | $\$ 10$ | $\$ 10$ | $\$ 10$ |
| All other brand name and | $25 \%$ of the <br> generic drugs | $25 \%$ of the <br> plan's cost | $25 \%$ of the <br> plan's cost | $25 \%$ of the <br> plan's cost |

## Catastrophic coverage phase

In this phase, the plan pays the full cost for your covered Part D drugs.
Generic and brand name drugs
\$0

## Insulins and vaccines

Important message about what you pay for Part D Our plan covers most vaccines at no cost to you. vaccines
Important message about what you pay for Part D You won't pay more than $\$ 35$ for a one-month insulins supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on or Part D phase you are in.
Check your formulary guide for a list of covered insulins and vaccines

## Other covered benefits



Complementary and alternative medicine (CAM)
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Acupuncture | $\$ 40$ for Medicare-covered care |
|  | Medicare coverage is limited to services to treat chronic |
| low back pain. Routine acupuncture care isn't covered. |  |
| Chiropractic care | \$10 for Medicare-covered care <br> $\$ 10$ <br> for routine care |
|  | Medicare coverage is limited to fixing a subluxation. This <br> is when one or more of the bones in your spine move out <br> of place. For routine services, we also cover up to twelve <br> visits every year as necessary to meet your individual <br> needs. American Specialty Health will manage your <br> chiropractic benefit. You must use an American <br> Specialty Health provider for services to be covered. On <br> your initial visit, your provider will discuss and establish <br> your treatment plan. Establishing medical necessity is <br> the responsibility of ASH and your provider. |

## Diabetic supplies

We cover blood glucose monitors and diabetic test strips from OneTouch ${ }^{\circledR} /$ LifeScan.
Keep in mind: You'll pay more for other brands.
Your doctor may need approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Diabetic supplies | $0 \%-20 \%$ |
|  | $0 \%$ for OneTouch/LifeScan supplies, including test <br> strips, glucose monitors, solutions, lancets and lancing <br> devices <br> $20 \%$ for non-OneTouch/LifeScan supplies, including <br> test strips, glucose monitors, solutions, lancets and <br> lancing devices (prior authorization may be required) |

## Fitness program

## Benefit

Physical and memory fitness

## Your costs in our plan

\$0
You're eligible for a basic membership at SilverSneakers participating facilities. If you prefer to exercise at home, you can also access online classes or get an at-home fitness kit. This membership also includes classes and workshops taught by instructors trained in senior fitness, workout videos, a mobile app, and online fitness nutrition tips. You will also have access to online enrichment classes to support your health and wellness, as well as your mental fitness.

Fitness allowance: You also get a direct member reimbursement (DMR) allowance of \$1,200 per year. You can be reimbursed toward:

- Fees paid for aerobic/fitness activities or membership fees to a qualified fitness club that does not participate with SilverSneakers.
- Activity fees such as pickleball fees, golf green fees, ski/lift passes and fees, National and State park fees, bowling, yoga, stretching, dance classes, and fees associated with extra features at SilverSneakers facilities.
- Activity supplies such as camping tents, hiking poles, and fishing rods.
- Weights and fitness supplies such as exercise peddlers, yoga mats, exercise bands.
- Wearable items such as athletic shoes and tracking devices.

This is a direct member fitness reimbursement (DMR) benefit. That means you pay up front for qualified fitness services/activities and submit for reimbursement.

You'll also have access to BrainHQ, an online memory fitness program. It contains brain exercises and assessments, as well as a library of information on activities that contribute to brain health. You can log in
and use BrainHQ from your internet-connected computer, tablet, or smartphone (or all three) on a schedule that works best for you.

80

## Foot care (podiatry services)

| Benefit | Your costs in our plan |
| :--- | :--- |
| Foot exams and treatment | $\$ 40$ for Medicare-covered care |



Home care and support
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

## Benefit

## Home health care

## Your costs in our plan

\$0


## Medical equipment and supplies

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Durable medical equipment (DME), like <br> CPAP* machines, wheelchairs and <br> oxygen | $20 \%$ |
| Prosthetics, such as braces and artificial <br> limbs | $20 \%$ |

*CPAP stands for "continuous positive airway pressure."


Resources For Living ${ }^{\circledR}$

## Benefit

## Resources For Living

Resources For Living helps connect you to resources in your community such as senior housing, adult daycare, meal subsidies, community activities and more.


## Substance abuse

Your doctor may need approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Outpatient substance abuse therapy | $\$ 40$ |

non
Visitor/travel benefit
Plan rules continue to apply. You will need to choose a PCP where you are receiving care. Prior authorizations are required for certain services.

## Benefit

Visitor/travel program: Travel Advantage

Allows you to remain in your plan for up to 12 months when you are outside our plan's service area.

You can see an Aetna Medicare participating provider anywhere in the United States (except California) who accepts HMO members and pay in-network cost shares. Not all providers participate in the multi-state network. Contact us for help finding a participating provider in the area you're traveling to.

## 24-Hour Nurse Line

Talk to a registered nurse anytime, day or night.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Nurse Line | $\$ 0$ |

## Contact quick reference

| Contact name | Phone number (TTY: 711) | Website |
| :---: | :---: | :---: |
| Aetna: Before you enroll | 1-833-859-6031 | AetnaMedicare.com |
| Aetna: After you enroll | Member Services: $1-833-570-6670$ | AetnaMedicare.com/H2056-012 |
| Your agent/broker (use this space to write down your agent/broker's phone number) |  |  |
| Find a network doctor, hospital, or pharmacy | 1-833-570-6670 | AetnaMedicare.com/findprovider |
| 24-Hour Nurse Line | 1-855-493-7019 | Please call |
| Aetna (dental) | 1-833-570-6670 | AetnaMedicare.com/dental |
| BrainHQ (memory fitness) | 1-888-845-0565 (TTY: 711) | Aetna.BrainHQ.com |
| EyeMed (vision) | 1-844-486-3485 (TTY: 711) | AetnaMedicareVision.com |
| NationsHearing | 1-877-225-0137 (TTY: 711 for the hearing and speech impaired) | Aetna.NationsBenefits.com/Hearing |
| OneTouch/LifeScan | 1-877-764-5390 Brochure code: 123AET200 | OneTouch.orderpoints.com |
| SilverSneakers | $\begin{aligned} & \text { 1-888-423-4632 } \\ & \text { (TTY/TDD: } 711 \text { ) } \end{aligned}$ | SilverSneakers.com |

Aetna, CVS Pharmacy ${ }^{\circledR}$ and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our member services number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

The formulary and/or pharmacy network may change at any time. You will receive notice when necessary.

The Aetna Medicare pharmacy network includes limited lower cost, preferred pharmacies in: Suburban Arizona, Suburban Illinois, Urban Kansas, Rural Michigan, Urban Michigan, Urban Missouri, Rural North Dakota and Suburban West Virginia. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, members please call the number on your ID card, non-members please call 1-833-859-6031 (TTY: 711) or consult the online pharmacy directory at AetnaMedicare.com/findpharmacy.

For mail order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 10 days. You can call 1-833-570-6670 (TTY: 711) 8 AM to 8 PM, 7 days a week if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign up for automated mail-order delivery.

Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

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To send a complaint to Aetna, call the Plan or the number on your member ID card. To send a complaint to Medicare, call 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include the name of the person when filing your grievance.

Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies.

